



Packing List for Providence's Forest Home Retreat

Sunday, August 20 – Tuesday August 22

First year students, student leaders and Providence leadership faculty and staff will all be headed on retreat together. You and your bag(s) will need to be at the **Speer Parking Lot by 1:45pm** to be ready for loading into the **charter buses parked on Howard Street** for a prompt departure. We are so excited for this opportunity to get to know each of you better.

This is what you will need to bring:

Clothing:

- Pants for warmth in the evenings as it cools down at night
- Long sleeve top/sweater/jacket to keep the bugs off of you and for some warmth in the evening
- One pair of shoes, either running or tennis shoes, preferably something that covers the entire foot and is not slip on
- Flip flops or sandals/shower shoes
- Hat or beanie for warmth
- Socks and undergarments
- Comfortable clothing for outdoor activities and indoor lectures
- Swimsuit (FH requires one piece suits for ladies and no speedos for men)
- Pair of clothes you don't mind getting messy in
- **Appropriate spirit attire in your house color** (see check in desk on move in day for group listing and house color)

Equipment:

- Sleeping bag and pillow (TIP: You can usually roll the pillow in the sleeping bag. It is a good idea to make sure the sleeping bag is in a watertight bag—a plastic trash bag will do.)
- Insect Repellant
- Bible, pen/pencil & notebook paper
- Chap stick
- Sunscreen (waterproof is a good idea) & sunglasses
- Water bottle
- Toiletries: toothbrush & toothpaste, contacts, shampoo & conditioner, etc.
- Towel & washcloth
- Headlamp/flashlight
- Spending money, if you want to purchase any snacks or extra items
- Plastic garbage bag or two for dirty clothes

Please consider that this is not an exhaustive list, but merely suggestions.

You may direct questions to studentlife@providenccecc.edu.